

Letters to the Editor ...

Detention Facility for Sydney?

Dear Duncan: Don't know whether you've had info on this previously but, I kid you not, I stumbled across a dead-set Aussie "FEMA" detention facility-in-waiting in Sydney's outer western suburbs the other day! I think your readers should become aware of it and check it out for themselves if they have the time and inclination. One visit will be enough. You won't want to go back there again.

The location is Sugarloaf Ridge, a supposed "park" right next to the Sydney Equestrian Centre, right on the new outer western Sydney ring road M7, a massive undertaking which now links all Sydney's freeways together (how convenient), and adjacent to an exit/entry point. It has high barbed-wire fencing (about six strands): is that really necessary on a park? Most of it is fenced off from the public by these high fences on a ridge with steep sides. Anyone fleeing would be spotted in a flash.

There's a feeling of sheer death in the air with massive telephone towers and electricity "Eiffel towers" everywhere; very oppressive with all that electromagnetic activity. A massive electric, overproduced steel gate which would make any detention facility proud is grossly out of place even here, until you read the fine print on the sign warning you that you are being watched constantly... umm, in a park? I could go on about the endless connections just waiting to be plugged in...but see it for yourself...and then get the hell out of there!

Charlie, Australia

DisclosureOz on UFOs

Hi Duncan: I am writing to alert you to our activities on behalf of The DisclosureOz Project. Moreover, we'd like to make your readers aware of our ongoing attempt at forcing some measure of political response to the issue.

As expected, this has proven an uphill struggle on the most slippery of slopes, but the

stonewalling from all political party leaders, leading science commentators and prominent media presenters will now work in our favour.

For the past 18 months we have been providing the Disclosure DVD documentary to a growing list of the above while respectfully requesting comment. Not one political office has responded. You are doubtless aware that, on the political front, refusal to respond to written correspondence is unconstitutional and we propose to take the matter up with the parliamentary ombudsman. In regard to the media, we did actually receive one letter from *60 Minutes* meekly saying that the program material wasn't something they could cover and they referred the topic to *A Current Affair*, which in turn quietly ignored us.

Accordingly, I am now scripting my own film documentary entirely focused on the Australian media's cowardly avoidance of dealing with the global UFO phenomenon in spite of the corroborated evidence provided in the witness testimony.

We have also written to Chief Justice Gleeson of the High Court of Australia and posted all of this correspondence on our website; go to <http://www.disclosureoz.org>.

I am sure most NEXUS readers will be interested to learn of our activities, and hope to hear from you accordingly.

Regards,

Tony Lambert, Australia

Request for NEXUS as a PDF

Dear Sirs: I would really like to get your magazine delivered by email as a PDF [portable document format] file. I have a problem reading your magazines.

I've got a subscription and am still currently receiving your mag. It would be so much better for me if I can get semi-monthly notices for download. Can this be arranged?

Leslie H., Oregon, USA

[Dear Leslie: We are

receiving more and more such requests, and you will be pleased to know that in my spare time I am working on making all the past issues, as well as the individual articles, available as PDF files. The files will be text searchable, and we hope to have them available through the magazine and website during 2007. Ed.]

Successes with Elanra Ionisers

Dear Duncan: Here is my short story regarding the Elanra ionisers.

I suffered a stroke in 2004 and my left side was paralysed. I went through rehabilitation and regained my mobility. However, a condition similar to chronic fatigue syndrome bothered me for well over a year. My doctors could not help in that regard.

I bought an Elanra ioniser in April 2006 which I have been using only at night. The ioniser has been giving me quality air to strengthen my immunity and to enable me to live an active life and carry on through the day with vigour.

I was so pleased that I bought two more ionisers, one for my sister, a cancer sufferer, and another one for my 95-years-young mother-in-law.

My sister has been using the ioniser in conjunction with the Rife machine ever since. Her blood cancer count dropped from 2,100 in February 2006 to 46 in August 2006 and she was able to enjoy an overseas trip with her husband in September.

As for my mother-in-law, she had a heart attack in late 2004 and ended up in hospital three more times in 2005 with respiratory problems. Now she is doing fine: no more hospitals for her, either. She walks up to one hour every day.

And this is all true! My contact details are below for anyone who would like to verify this story with me. We are all very glad to have these ionisers which are doing fantastic jobs while we sleep!

I am happy to say that this is one product which I am thoroughly recommending to

anyone with or without an illness.

Yours sincerely,

Frank Adorjan, southeast Queensland, Australia, adorjan@bigpond.com

Bad Fats and Obesity

Dear Duncan: I read the recent Globesity article [NEXUS vol. 13, no. 5]. It was unfortunately vague on the *cause* of obesity, which became epidemic in the early 1980s. I saw little of it in the '60s and '70s in school.

I've recently returned from a five-week holiday in China and, from my observation, obesity there is very rare. Overweight only became noticeable in a tourist city like Guilin, in Guanzi Province, where there is a lot of Western influence.

A similar visit to The Philippines in 2002 showed it to be almost nonexistent there. I saw about four cases in one month's travel that took me through many towns, cities and villages.

What do China and The Philippines have in common? The people there still largely eat their traditional foods. There is McDonald's, KFC, etc., but it's more likely the people will go to a noodle shop or eat skewered meat from a vendor or patronise a restaurant with customary foods, which in China are very varied. A menu in a restaurant in China won't have a single burger on it. In The Philippines, coconut oil is widely used, especially in the Bicol region.

My own reading suggests that the root cause of obesity lies in the changes in the fats used in our diet. We keep hearing of "no fat" or "low fat" as synonymous with healthy living; but unfortunately, the countries that follow this policy are the ones that show the rise in obesity.

Surgeon Cleave's 20-year rule suggests the cause began in the early 1960s or 1950s. The change in attitude to fats on a large scale began about then, thanks to the industrialisation of our diet.

Brian S., Canberra, Australia

... more Letters to the Editor

NB: Please keep letters to approx. 150 to 250 words in length. Ed.

Debate over Global Warming

Hello Duncan: Now with Al Gore's film [*An Inconvenient Truth*] going around plus articles such as in the latest *Scientific American*, "Energy's Future Beyond Carbon" [single-topic issue, September 2006], I think it would be interesting to publish another view on global warming.

This weekend I am going to send you the latest *Bungendore Bulletin* [August 2006]. Bungendore is a village near Canberra and the headquarters of the Palerang Council. As I live in Burra outside Canberra, I regularly get the *Bungendore Bulletin*.

On the front page you will find an article on a farmers' conference which was held at the Canberra Press Club on 30 June (<http://www.nswfarmers.org.au>). What is interesting about it is that among the speakers there were two, a scientist and a meteorologist, who had different views on this global warming. They were: Professor Bob Carter from James Cook University in Queensland, who spoke about "Global warming: cool science or hot air?" and "Ten myths about human-caused global warming"; and Mr William Kininmonth, from the Australasian Climate Research Centre and a former head of the National Climate Centre, who spoke about "Climate change: a natural hazard".

Both Carter and Kininmonth say that their views are shared by many colleagues of their age-group who are now retired. They say that younger scientists who are hoping to get funds for research or are working on government environmental programs will not take the career risk of opposing the general view on climate change.

I think it would be interesting to get them to write an article for NEXUS Magazine and find out their views and the reason why we are made to believe that we are responsible for climate change.

Regards,

Henny F.-B., Australia

[Dear Henny: I share your

concerns about the hijacking of the climate change/global warming debate. I spent quite some time investigating just who to approach for a balanced view on climate change. Eventually I settled for research done by Christopher Monckton, which I am sure you will find interesting. Ed.]

Diabetes Type 2 is Curable!

Dear Duncan: I am writing to encourage everyone to read two recent NEXUS articles: the obesity article by David Zeoli (vol. 13, no. 5) and "The Deadly Diabetes Deception" by Thomas Smith (vol. 11, no. 4; also see his website at <http://www.Healingmatters.com>).

I developed diabetes type 2 about two-and-a-half years ago. I was in a mess. I saw my GP and then a specialist, who diagnosed me as a chronic diabetic. I was put on two types of prescription medication.

I was constantly told by our leading diabetes institution that diabetes type 2 is incurable. This is not the case. After putting the facts together and understanding the problem, you can actually *do* something about diabetes type 2. I did, and I want to let others know.

Diabetes type 2 isn't a problem of dealing with sugars, but a problem of dealing with fats and oils. Back in 1920, only two per 100,000 had this disease. Now there are 16,000 per 100,000, and this may be a conservative figure. Back in the 1920s there were plenty of sugary sweets around, but the oils and fats weren't engineered. You cooked with lard, butter or dripping.

Instead of submitting to taking these drugs to keep this disease under control for the rest of my life, I read the "Diabetes Deception" article in NEXUS and put it into motion.

I asked my endocrinologist if anyone had cured themselves of diabetes type 2. He said "only once", because that person had gone off their unrelated medication and their diabetes disappeared. I said I wanted to be the first one to cure it

intentionally. He said I had to pass the blood glucose tolerance test and had to have blood sugar levels of less than six for the last three months.

Within eight months, I passed both tests. The endocrinologist asked how I did it. I told him of Thomas Smith's research and how nearly anyone can do what I had just done. He wasn't interested.

I approached Diabetes Australia about my success, and in the meantime got an article published in *Better Homes and Gardens' Diabetic Living* magazine. Of the 40 or so replies I received, six went on the diet I proposed. Those six were thrilled with their results.

I find it hard to get the truth out there, that diabetes type 2 is curable in about 80 per cent of cases. Diabetes Australia didn't want to publish my article. They believe that diabetes type 2 is not curable. They believe that once you have it under control, that's as good as it gets.

I wrote to our Federal Health Minister, telling him about being able to arrest the diabetes type 2 pandemic we now have in Australia. I received an email saying how pleasing it was that I had the disease "under control", and how much money they were spending on it.

In the USA, Thomas Smith has found the same problems in getting the word out about successful treatments for diabetes type 2.

Cheers,

Tony Hall, yvettemhall@optusnet.com.au

Arachnoiditis Awareness

Dear Duncan: I read with much interest the article published in the August-September 2006 edition (vol. 13, no. 5) of NEXUS, titled "Arachnoiditis: A Toxic Chemical Tragedy", where much of the content was taken from my 10 years of worldwide research (covering 107 countries) into chemically induced adhesive arachnoiditis (CIAA).

I wish to congratulate Gil May in drawing this horrendous "medically induced" progressive disease to your readers and, through them, the wider community.

CIAA is the end result of the use of a known "too toxic" chemical dye in a range of X-ray procedures. However, what is not commonly known is that the developers of the "dye", Kodak, knew it would cause CIAA before they licensed it (May 1944).

Today, there are 80 medical conditions or symptoms that have been recognised as a "cause or effect" of exposure to this "too toxic" chemical dye (NIH, 1994). Many of the drugs now used to treat these secondary conditions or symptoms of CIAA have been developed or patented by those who developed the original formula (for some, with slight changes of said formula; later, for instance, Myodil by GlaxoSmithKline).

I will go on the record to state the following: the developers of the diagnostic radiographic contrast medium knew *before* they applied for an NDA (new drug application) that it would cause arachnoiditis, and furthermore were aware of some of the other found reactions to this "dye" that were also not reported to the authorities.

I will go further and also place on the record that the collection of "secret studies" shows such; however, none was ever submitted to the FDA when applying for the NDA. Copies of all these "secret studies" are held in a bank safe on my behalf; these can be made available to any person who is willing to *publicly* publish such.

In closing, I would like to correct something referred to in this article, that being my email address which is wrong; the correct email address is ciaasa@bigpond.net.au.

Thank you,

Derek Morrison, BCW, ADCW, A&WT, founder of Chemically Induced Adhesive Arachnoiditis Sufferers of Australia (CIAASA)